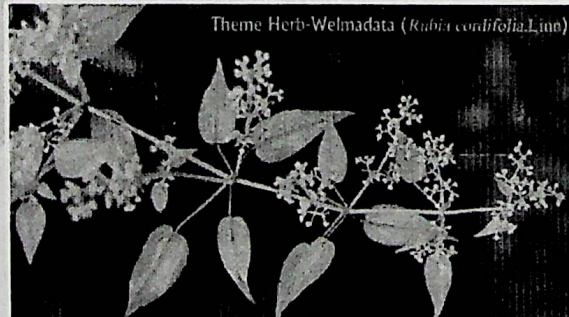


Enhancement of Immunity for a
Healthy Planet through Ayurveda

**3rd Provincial Symposium on
Ayurveda, Siddha, Unani and Traditional Medicine-2021**



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Case Report on Sudigai (Agnikarma) Treatment for Foot Corn

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Suddigai (Agnikarma) means the procedure done with fire. References about *Suddigai* are available in almost all *Siddha* and *Ayurvedic* preventive, curative and hemostatic properties were unveiled even centuries back. These same principles are adopted in advanced technologies like cauterization, diathermy, radiation therapy, laser therapy, station device etc. *Suddigai* is the prime para-surgical procedure to treat chronic diseases, which are mostly difficult to manage because of the antagonistic property of *doshas*, like disease caused by kapha. *Suddigai* is done in neurogenic pain, tendinopathies or in diseases of skin, muscle, vein, ligament, bone or joint where pain is an exclusive factor. A 64 years old male patient was admitted at Herbal Health Care Center on 10th April 2017 with complaints of pain and elevated cystic swelling on right & left sole due to rough and hard foot wear. There was no history of direct trauma except that the patient was used to walk bare footed on rough roads. There was a history of excision of elevated layers of corn done repeatedly by the patient himself before visiting us. On the basis of clinical examinations the patient was diagnosed as a case of corn at the right & left sole. After careful assessment and examination, patient was treated with Sudigai. The Patient was completely recovered from foot corns after regular use of Sudigai every week. Thus, from the case report it is clear that Para-surgical procedure of *Agnikarma/ Sudigai* helps to treat foot corns. So, *Agnikarma* therapy is more satisfactory in the management of corns.

Keywords: Suddigai (Agnikarma), Siddha, Ayurveda, kapha.