

PROCEEDINGS OF THE  
THIRD INTERNATIONAL CONFERENCE ON  
HOLISITIC MEDICINE ICHM 2012

Colombo, Sri Lanka.

17-18 November, 2012

Edited by Andrew Stranieri, Tony Sahama

© University of Colombo retains copyright of this compilation.  
Copyright of contributed articles is retained by authors.  
Reproduction of the compilation is not permitted without prior  
approval of the University of Colombo. Reproduction of  
contributed articles is not permitted without prior approval from  
the author.

# Analytical Study of Thalangi Ennai: A Pain Relieving Siddha Medicated Oil

Vinotha Sanmugarajah<sup>1</sup>, Ira Thabrew<sup>2</sup> and Sri Ranjani Sivapalan<sup>1</sup>

<sup>1</sup>Unit of Siddha Medicine  
UNIVERSITY OF JAFFNA  
SRI LANKA  
[vsanmuga07@gmail.com](mailto:vsanmuga07@gmail.com)

<sup>2</sup>Institute of Biochemistry, Molecular Biology and Bio technology  
UNIVERSITY OF COLOMBO  
SRI LANKA

## ABSTRACT

### Introduction:

Thalangai ennai is one of the Siddha medicated oil mentioned in the Siddha Pharmacopeia and it is prepared at Siddha Drug Unit in Jaffna and supplied to all Government District Ayurvedic Hospital, Rural Ayurvedic Hospitals and Central Ayurvedic Dispensaries in Jaffna District. Thalangi ennai is indicated for various vāta disorders such as rheumatic pain, bone degeneration and impaired movement of limbs. It is a compound medicine and its ingredients are juice of the thalangai (*Pandanus tectorius*), sesame oil, milk, water, rock salt and seventeen different herbal powdered materials.

### Objective:

The aim of this study was to evaluate the scientific validation of the Thalangi ennai. Methods: For the scientific validation of this oil, Organoleptic characters such as colour, odour, appearance and Physico-chemical analysis such as pH value, specific gravity were performed. Thin Layer Chromatography (TLC) finger print of the Thalangi ennai was studied after dissolved the oil in water and dichloromethane.

### Results:

The results showed that it contains specific gravity 0.9185 and pH value 4.61 at room temperature (290C). The TLC of finger print of the oil sample showed fifteen spots with Rf values ranging from 0.0286 to 0.9714 in the pure dichloromethane solvent system.

### Conclusion:

Although, these preliminary physico-chemical and the TLC standards presented in this study can be used as finger print standards for Thalangi ennai, further research work of TLC studies of each single ingredient of ennai should be carried out in future.

**KEYWORDS:** THALANGAI ENNAI, SIDDHA MEDICINE, PAIN RELIEVING, MEDICATED

OIL, ANALYTICAL STUDY,

**ACKNOWLEDGEMENT:** HETC PROJECT FUNDING, JFN/ SIDDHA/ NI