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# PATHOLOGICAL AND DEMOGRAPHICS CHARACTERISTICS OF RENAL TUMOURS TREATED AT A TERTIARY CARE HOSPITAL IN SRI LANKA

Balasingam Balagobi, Kalhar Indika, Muditha Samaraweera, Suranga Wijayarathna, Hansika Maddumage, Kugadas Sutharshan, Swarn Suvendran, Anuruddha Abeygunasekera

Urology Unit, Colombo South Teaching Hospital, Sri Lanka

## Introduction

Renal cell carcinoma (RCC) is a relatively common malignancy accounting for 2-3% adult malignancies. The pathological characteristics, demography and primary treatment of RCC varies geographically. We aimed to describe the above details of patients with RCC in a urology unit of a tertiary care hospital in Sri Lanka.

### Methods

An observational analytical paired sample study was carried out in NHSL from 1st of January to 31st of May 2016. Pearson Chi-Square test was used to assess the significance.

#### Results

There were 178 patients with RCC. Mean age was 56.9 years (M:F= 3.5:1). 49 (27.5%) patients were less than 50 years old. About 36.5% were diagnosed incidentally by USS. Surgery was performed in 168 patients (Radical nephrectomy in 125, partial nephrectomy in 42). Ten patients were managed non operatively after biopsy (RFA in 3 patients, interferon alpha in 2, Sorafenib in 1, symptomatic treatment in 4). Pathological characteristics: T1a : 26.4% (n=47), T1b : 20.8% (n=37), T2: 22.5% (n=40), T3: 23% (n=40), T4:1.7% (n=3); M0: 87.6% (n=156) ,M1 : 12.4% (n=22); N0:96% (171), N1:0.5% (n=1), N2:3.4% (n=6). Tumour grade:G1:24.2% (n=43), G2:55.6% (n=99), G3:10.7% (n=19), G4:2.8% (n=5).Clear cell carcinoma (76.5%, n=143) was the commonest histology followed by papillary carcinoma (14%, n=26).Twenty two (12.4%) patients had metastases at the time of diagnosis. Bone was the commonest site of metastases (n=11).

## Conclusion

Average age of diagnosis of RCC in Sri Lankan patients is lower than the developed world with a large proportion of patients being under 50 years. Pathological Stage of the disease at the time of diagnosis of RCC in Sri Lanka appears to be closer to developed countries. Our study shows a much higher proportion of papillary renal cell carcinomas and G2tumours.