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**A CASE STUDY FOR EVALUATION THE EFFICACY OF AYURVEDIC  
HERBO –MINERAL FORMULATION; *CHANDRAPRABHA VATI* ON  
ALBUMINURIA**

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Chandraprabhavati is one of the effective and very popular Ayurvedic formula consisting of 37 ingredients is prescribed for many diseases, including urinary tract diseases. Albuminuria is a one of the early symptoms of Chronic Kidney Diseases (CKD) and CKD is a very common disorder in present era. But the efficacy of Chandraprabhavati on albuminuria is not scientifically validated yet. Therefore this case study was aimed at to re-establish the efficacy of Ayurvedic formulation Chandraprabhavati on albuminuria, which can be compared to some of the types of Prameha, along with the assessment of the effects on the basis of scientific, disease specific biochemical parameter. A male patient 52 years of age presented with albuminuria and after the diagnosis, general signs and symptoms, analysis of blood and analysis of chemical parameters of urine were assessed using standard proforma. The physical and chemical nature of urine, general features of patient and analysis of blood were recorded every week till one month and after one month follow-up period. After the end of the therapy of one month, the features of patient's urine and clinical features were significantly reduced and no signs and symptoms were appear within the follow-up period. Consequently the Chandraprabhavati can be advised to albuminuria patients but further clinical trials needed to be carried out to evaluation of the efficacy of Chandraprabhavati on albuminuria.

**Keywords:** Albuminuria, Candraprabhavati, Chronic kidney diseases, Prameha