A Literature Review on *Aloe vera* and its Therapeutic Values in Traditional Medicine

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Aloe vera is using in various Traditional system of medicine like Siddha, Ayurveda, Unani and Homoeopathy since several thousand years in the world. Aloe vera is the major herbal product which is an important raw material as herbal, pharmaceutical, food and cosmetic industry. Aloe vera is a succulent, drought resistant, perennial plant under the family Liliaceae considered as medicinal plant due to its therapeutic potential of leaves, Pharmaceutical properties like Nutritional properties, phytochemical properties, Medicinal properties, Healing properties and its pharmacological actions such as anti-inflammatory, antioxidant, anti-microbial, anti-septic & laxative functioning in various animal systems such as Gastrointestinal system, Immune system, Endocrine system, Cardio Vascular system & Integumentary system. It plays major role in preventing and curing many diseases by homeostasis contributing whole human health and care. More research should be encouraged in laboratorial identification of constituents in Aloe extracts prepared by different indigenous methods to scientifically adopt those procedures into developing natural medicines to specific illnesses. We conclude Aloe vera is a medicinal herb with many Therapeutic values. This research is very useful documentary evidence for all the students who are wish to study about medicinal plants in future.

Key Words: Aloe vera, Review, Medicinal values, Traditional medicine