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## **A Critical Review on Medicinal Uses and Pharmacological Properties of *Cyclea peltata* (Burm.F.) Hook.F. & Thoms. (Kahipiththan)**

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*Cyclea peltata* (Burm.f.) Hook.f. & Thoms. (Family: Menispermaceae; Sinhala name: *Kahipiththan*) has been considered as a potent medicinal plant in medical systems of Sri Lanka and India. This knowledge is scattered. Hence, this study has been conducted to gather medicinal uses of *C. peltata*. Data was collected from Ayurveda and Sri Lankan traditional medical texts, scholarly publications, traditional physicians and civilians. *C. peltata* is used internally and externally to treat various diseases. Analysed data has revealed that *C. peltata* (*Kahipiththan*) possess *MehaNashaka*, *DahaNashaka*, *Asthi Sandhaniya* and *Raktha Sandhaniya* properties. It is internally indicated in *Praameha*, *MutraDaha*, *Kamala*, *CharmaRoga*, *Kasa*, *Amlapitta*, *Soma Roga* and *PittajaRoga*. Externally it is used in burns, burning sensation in chickenpox and bees' stings. Scientific evidences has revealed that *C. peltata* has pharmacological properties such as anti-hyperlipidemic, anti-diabetic, anti-oxidant, hepato-protective, anti-bacterial, anti-diuretic, gastric anti-secretary and anti- gastric ulcer activity. *C. peltata* is also used in culinary preparation in the form of jelly and herbal gruel. *Cyclea peltata* (*Kahipiththan*) can be used in multidimensional therapeutic purposes.

**Key Words:** *Kahipiththan*, *Cyclea peltata*, pharmacological properties, medicinal uses