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Participatory Approaches in Community Development Projects: An exploratory study of NGOs in Northern Province

Diluxshana, T^a Nanthagopan, Y^b and Thirugnanasampanthar, S^c

^{a,b,c}Department of Economics and Management, Faculty of Business Studies, Vavuniya Campus of the University of Jaffna, Sri Lanka

adiluxshana1995@gmail.com

Abstract

This study aims to investigate participatory approaches in community development projects in non-governmental organizations (NGOs). The primary data was obtained from 10 in-depth interviews with 10 NGO project managers in the northern province of Sri Lanka. Thematic analysis was used to identify participatory approaches in community projects. The study revealed that NGOs widely apply participatory approaches in the project initiation, planning, implementation and evaluation stages. Also, the study identified the following practices of participatory approaches in NGOs; Participatory meetings, teamwork, participation in fieldwork, participation in rural and needs assessments, cross-sectional walking, open discussions, community meetings, and participatory evaluation. The project managers emphasized that participatory approaches are very important for the project's success and sustainability in community development projects. However, they emphasized the following obstacles that hinder the effective application of participatory approaches such as political influences, different casts/groups in the communities, lack of technical knowledge among beneficiaries, and conflict between people in the community.

Keywords: community development projects, non-governmental organizations and participatory approaches

Introduction

The participatory approach is a development method where project stakeholders participate in the development process and are useful practices in community development projects to better identify community projects and plan, execute, and monitor projects (Sakalasooriya, 2013). Koralagama et al., (2010) emphasized that the best community participation is one of the key approaches to achieve sustainability in a project. Northern Province of Sri Lanka was severely affected by an internal conflict for thirty years until 2009. There were many NGOs that volunteered to improve the livelihoods of vulnerable communities that were affected by the lack of services of health, education, agriculture and infrastructure; However, previous researchers highlighted that community development projects do not produce the results



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that the project expected in Sri Lanka (Piyasena & Fernando, 2016; Nanthagopan et al., 2019). Therefore, the study explores the participatory approaches of NGOs applied in community development projects and explores the level of applications and obstacles in the effective use of participatory approaches.

Literature Review

Participatory approaches are applied in different projects, such as the topdown, bottom-up, and stakeholder participatory approaches (Kadurenge, 2016). This approach revitalizes community development projects in developing countries. There are four types of participatory approaches depending on the circumstances. Such circumstances applied the following methods for development; Rapid rural assessment, Participatory rural assessment, Assessment and monitoring of participatory assessment and Participatory needs assessment (Koralagama et al., 2010). Community projects in different countries took various participatory approaches. Previous studies highlighted the participatory approach in initiating the effect of projects to the priorities that the community needs (Alam & Ihsan, 2012; Ikechukwu-Ilomuanya et al., 2016), in planning the effects for the empowerment of society, community mobilization and organization (Withanachchi, 2011; Ben-Meir, 2017), Effects of execution on selfmanagement (Withanachchi, 2011); Ikechukwu-Ilomuanya et al., (2016). In Effect of monitoring and evaluation to obtain financial support and human resources support (Jamadar, 2015).

Methodology

This research is exploratory and the qualitative method is equipped in this study. The study applied in-depth interviews to explore participatory approaches in NGO community development projects. The purposive sampling technique is used to select the 10 NGO project managers from the 10 selected NGOs' community projects. The selected NGOs focus primarily on community development projects, such as livelihood development, preeducation, women's empowerment, and youth skills enhancement. The selected NGO managers have a wide range of project work experience and participate in participatory project approaches. Thematic analysis was used for data analysis.

Results and Discussions

The study explored the following participatory approaches (Table 1) that are applied in community development projects at the initiation, planning,



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execution, and evaluation stage of a project. The finding highlighted that NGOs apply participatory approaches at all stages of the project. However, community participation is useful in the initiation and execution stages and, on the contrary, low in the planning and evaluation stages. Furthermore, the study revealed that the community contribution for self-physical and material is very high in projects and the financial and technical contribution is less in projects.

Table 1. Participatory Approaches in Community Development Projects

Details	Study Findings
Practices	Participatory meetings, teamwork, participation in fieldwork, participation in rural and needs assessments, transect walk, open discussions, community meetings and participatory assessment
Community	In the initiation stage, the participation from the community is very high
Participation	In the planning stage, the participation from the community is low
	In the execution stage, community participation is high
	In the evaluation stage, community participation is low.
Community	Self-physical - Yes / High
Contribution	Finance - No / Low
	Technical - No / Low
	Material - Yes / High
	Political influences
Obstacles in	Different cast/groups in the communities
Practices	Lack of technical knowledge among the beneficiaries
	The conflict between people in the community.

Conclusions and Recommendations

The study explored the participatory approaches which are widely applied in community development projects of NGOs in Northern province, Sri Lanka, that are Participatory meetings, teamwork, participation in fieldwork, participation in rural and needs assessments, transect walk, open discussions, community meetings and participatory assessment. The study also revealed that the participatory approaches applied by NGOs are very satisfactory, several obstacles hinder the efficient use of participatory practices, which are political influences, different cast/groups in the communities, lack of technical knowledge among the beneficiaries, conflict between people in the community. The study is undertaken in the northern province of Sri Lanka, it is the post-conflict area. Therefore, the results are highly transferable; the countries have a similar context.

The study recommends that participatory practices in community projects are crucial to correctly identify community projects and be successful in project planning and execution. Therefore, NGOs should identify the correct



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practices to suit their projects' nature and consider reducing or avoiding community obstacles by developing appropriate strategies. The appropriate participatory approaches and efficient use of them are very crucial to the success of projects.

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