

LITERATURE STUDY OF *Aloe vera* ACCORDING TO THE
PHARMACODYNAMICS WHICH IS MENTIONED IN SIDDHA MEDICINE

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Siddha System of Medicine is one the effective and important medicine in the world. Most of the diseases are treated by herbal, mineral and herbo mineral preparation of Siddha drugs. According to the Siddhas quotation, diseases are treated mostly herbal preparation. Siddha books only have been referred for this literature research. There are many variety of herbal preparation even rejuvenate plants are important. *Aloe vera* is one of the good rejuvenate plant as well as it has been using for medicinal purpose since ancient time. It has bitter taste (*Suwai*), cold potency (*Thanmai*), and sweet post digestive stage (*Pirivu*). *Aloe vera* has alterative, tonic and laxative pharmacological action. Bitter taste has *Vaayu* and *Neerpanchapootham*. *Neerpanchapootham* has *Seetha*, *Sinigdha*, *Guru* and *Pichilagunas*. *Vaayupanchapootham* has *Sooksma*, *Seetha* and *Laghugunas*. According to the *Gunas*, *Guru* can increase strengthening of *Udatthathu*, *Sinigdha* can strengthening and soften the body. *Seetha* can increase cooling. *Guru Gunam* has heaviness. It promotes the “*Keel Nokkungkaal*” (*Apaanavaayu*), so it will leads the evacuation from the body. *Kaayakalpam* was mentioned in Siddha aspect that *Kaayam* means body, *Kalpam* means maintain the body as stone. So throughout these *Suwai*, *Thanmai*, *Pirivu* and *Gunam* of the *Aloe vera* can rejuvenate the body.

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