

LITERATURE REVIEW OF KOROSANAI MAATHHIRAI IN SUVAASA NOI

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ABSTRACT

Kapa dosha usually increase in respiratory diseases. Pungent vipaka will reduce Kapa dosha. Korosanai is one of the pungent drugs. It is better management for Suvaasa noi and its symptoms in Children. The objective of the study "to study the organoleptic characters. Korosanai in Suvaasa noi", Irumal noi, iraippu noi, Peenisam and ilaiipu are some Suvaasa noi. In allopathic system Suvaasaasya rogam called as Respiratory diseases. Irumal Noi is a disease in Siddha, but it is one of the symptoms in allopathic system, which correlated with cough. Iraippu noi is correlated with Bronchial asthma. Peenisam is correlated with sinusitis. Ilaiipu noi is correlated with tuberculosis. These are common in children society. More than eighty in hundred children affected by Respiratory diseases. Repeated respiratory sign and symptoms cause serious health problems. So we have take prevent the respiratory system complaints in earlier. It is a literature study. All relevant information for this study was gathered from Manuscripts at V.Chellalyah Siddha Ayurvedic medical center. So far no researcher has been undertaken this study and this Korosanai method was specially came from Traditional doctor's ancestors, Therefore the researcher has selected the study of the about this study. Dyspnoea, rhinorrhoea, cough, sneezing often accompanied by nasal obstruction. In Korosanai, 68.42% (13) of the raw material have Pungent taste, 15.79% (3) has bitter taste, 1 has sour, 1 has sweet, 1 has astringent. 89.47% (17) has ushna property and 10.53% (2) has seetha property. 94.73% (18) of the raw material has pungent vipaka and one has sweet vipaka. This study concluded in Korosanai Majority 94.73% of raw materials has pungent vipaka. Therefore Korosanai Maaththirai is very effective for Kapa diseases.

Keywords: Korosanai maaththirai, Suvaasa Noi, pungent vipaka